A photograph of a lioness and two lion cubs in a savanna setting. The lioness is standing on the right, looking towards the left. Two cubs are sitting in front of her, looking up at her. The background is a blurred green savanna. The text "JEWELS OF SOUTHERN AFRICA" is overlaid on the left side of the image.

JEWELS  
OF  
SOUTHERN  
AFRICA

A herd of elephants is gathered in a lush savanna landscape. In the foreground, a body of water is filled with yellow water lilies. The elephants are of various sizes, including several adults and young calves. The background is dominated by tall palm trees with large, fan-shaped fronds. The overall scene is vibrant and natural.

# Southern Africa

## Classic Safaris

*So geographers in Afric-maps . . .  
Place elephants for want of towns.*

—Jonathan Swift, *On Poetry: A Rhapsody*

## Dear Friends,

We recently won our tenth first-place *Travel+Leisure* award for World's Best Safari Outfitter (I'm proud to say that no other company has more than three wins), but among all our many accolades, perhaps the most heartening is also from *Travel+Leisure*: "The Pintos treat their guests like well-loved, out-of-town relatives."

Micato's dedication to expert, familial service is the legacy of our founders, my parents Felix and Jane (pictured below in Nairobi). Willingness to go many extra miles to ensure that a Micato safari is the trip of a lifetime—as it is for so many of our guests—is the rock on which Felix and Jane built our family-owned, family-operated company, and why every member of the Micato team will become your welcoming family—from the Safari Director who will be with you from touchdown to takeoff, to our large staffs in the U.S. and East and Southern Africa.

And so, I hope you'll enjoy an armchair safari with this brochure, and that you'll consider joining us for hilltop sundowners overlooking the guileless and gorgeous African game lands.

We'll clink our glasses in celebration of the safari life Isak Dinesen said "makes you forget all your sorrows and feel as if you had drunk half a bottle of champagne—bubbling over with heartfelt gratitude for being alive."

Sincerely,



Dennis Pinto  
Managing Director



*Micato's founders, Felix and Jane Pinto (and a friend) pictured near their suburban Nairobi home*



# Your Safari Team in the Bush

## Safari Directors: Guides, Helpers, Friends

And they're with you every step of the way. Safari Directors meet you upon landing in Africa and are with you until the moment you depart, always nearby and on prompt call around the clock—not just during business hours.

In addition to a thorough education in the theory and on-the-savannah practice of our state-of-the-science safety protocols, every Micato Safari Director in Kenya has earned prestigious Gold or Silver certifications from the Kenya Professional Safari Guides Association. Seasoned professionals, most

of whom have been with us their entire careers, graduates of Kenya Utalii College or Tanzania's College of Wildlife Management, they're creative choreographers of safari: guiding flexible, always-on-the-lookout forays into the bush, lecturing on flora and fauna, deftly handling logistics, and imparting fascinating nuggets of African history and local folklore. They will also become dear friends.

And the same highest standards and credentials—and affable, unstinting service—apply to Micato Safari Directors in all the East and Southern African countries in which we safari.

*From the minute we stepped off the airplane in Nairobi, to the moment we said good-bye to our Safari Director Henry the trip far exceeded our expectations. He delighted us with his enthusiasm, his knowledge and love for the animals. Throughout the trip we experienced many instances of his caring, charming, witty and humble personality. He gracefully took care of all travel needs - airport check-ins, boarding passes, border crossings, hotel check-in/out, many wonderful surprises, and overall hand holding.* — Elisabeth Brown





*The Pintos  
treat their guests  
like well-loved,  
out-of-town  
relatives.*

—Travel+Leisure

## The Many Micato Differences

How does a safari company amaze and excel for 60 years? By a cheerfully relentless dedication to service and innovation. With painstaking discernment, profound expertise, and the generosity of spirit that arises from a family's bedrock commitment to hospitality.

- *Travel+Leisure* has named us #1 World's Best Safari Outfitter ten times. No other company comes remotely close.
- Exclusive access to people, places, and experiences available only through the Pinto family's longtime connections.
- Itineraries perfected by our large in-country staff's generations of experience and the generational knowledge that comes from living in Africa.
- Luxurious camps and lodges—obsessively, continually curated.
- Safari Directors—all Silver and Gold certified—accompany every safari from beginning to end.
- A wonder-working Concierge Team, at your beck and call every moment of the day and night.
- All tips included, even to Safari Directors and Driver Guides.
- All meals included. And we unhesitatingly pick up the tab for meals in any local restaurant on all Custom Safaris.
- At mealtimes, regional wines, beer, and bottled water are included. In Southern Africa, spirits are often included, too.
- Free valet laundry service, everywhere, every day (and complimentary, custom-designed luggage to put it in).
- Small-group, boutique safaris of fewer than 18 travellers, and only 12 in Southern Africa.
- 100% guaranteed departures on our scheduled Classic Safaris, even for parties of two.
- The finest, well-stocked safari vehicles, Wi-Fi equipped, with guaranteed window seats for all.
- Surprises. We're famous for them. You'll be amazed.
- And—this could well be at the top of the list—we pay for an African child's education for every safari we sell.



# A Day on Safari

## Early-Morning Game Drive

The sun rises early and eagerly on the savannahs, and after some tea, coffee, and pre-breakfast snacks, we venture into what the great lover of Africa Peter Beard called “a paradise caressed by light and air in their most special forms.”

Back at the lodge, we tuck into an English-style breakfast, or perhaps we enjoy an acacia-shaded picnic in the bush.

## Exploring Africa’s Intimate Landscapes

“Whole landscapes seem alert,” Peter Matthiessen wrote about Africa in *The Tree Where Man Was Born*. He may well have been thinking of *our* alertness in these landscapes, a charged, joyous concentration “like a marvelous childhood faculty restored.”

We roam the savannahs and forests with our eyes, searching for their treasures—*Look! There, a cheetah!*—and the land is no longer mere scenery, an object to look at and admire, but a living thing that invites intimacy and engagement. We know about our species that the more we engage with something, the more likely we are to develop a fiery affection for it.



## Sundowners and Sunsets

After a festive lunch, with talk of sightings and amazements (high on the list of safari surprises: the fresh and tasty food), we have time for reading, music, maybe a profound nap followed by a swim, and then it’s off for an afternoon game drive.

After a lovely dinner back at camp, and some time around the campfire, we’re off to bed. And in the morning we may agree with author Elspeth Huxley that there is no “sleep so perfect as that stirred but not broken by the thrilling vibrance of a lion’s roar.”



*Africa always brings us something new.*

—Pliny the Elder, *Historia Naturalis*





# Flying Over Africa

You may remember—it's hard to forget—the scene in the film version of *Out of Africa* when Denys Finch Hatton (played by Robert Redford) lands his Gipsy Moth near Karen Blixen's (Meryl Streep's) farm. She rushes out to the spiffy little biplane, and Finch Hatton doesn't take off his flying goggles, he barely throttles back his engine, he just says, "Get in," and thus begins one of cinema's great moments: a heart-firing poem of a swooping flight over the incomparably eloquent landscapes of East Africa.\*

Isak Dinesen, Blixen's nom de plume, remembered her many African flights as "the most transporting pleasure of my life. . . . Every time I have gone up in an aeroplane and looking down have realized that I was free of the ground, I have had the consciousness of a great new discovery. 'I see,' I have thought, 'This was the idea. And now I understand everything.'"

It's as true today as it was in the 1920s: flying low and easily over the continent in small planes

is a matchlessly intimate way to appreciate its subtle and dramatic colours, its tectonic dramas, and its cavalcade of creatures. We fly over villages, waving to their residents, and in a few moments, we're on the ground, shaking their hands. One of our guests said it well: "For me, flying over Africa is about as *flying* as flying gets."

Our Custom Safaris offer as many flights as your personalized itinerary calls for, and we—and our guests over the years—think the flights that link lodges and camps on our Classic Safaris (six on *The Micato Grand Safari*, for instance, and five on *The Stanley Wing*) are safari highlights, airy dalliances with Africa's incomparable landscapes.

\* Before she climbs into the plane, Blixen asks Finch Hatton, "When did you learn to fly?" And he answers with a Redfordian grin, "Yesterday." Rest assured our pilots have hundreds upon hundreds of times more experience than that—and many of them have movie-star smiles.



# THE WORLD'S Most Awarded SAFARI COMPANY

**TRAVEL+  
LEISURE**

Unprecedented Ten-Time Winner  
of Travel+Leisure's Award for  
#1 World's Best Safari Outfitter

Travel+Leisure Hall of Fame

**Condé Nast  
Traveler**

Unprecedented Five-Time Winner of the  
Condé Nast Traveler World Savers Award  
for Education and for Doing It All

Member of the World Savers Hall of Fame

**TRAVEL+  
LEISURE**

World's Best  
Value Winner

**TRAVEL+  
LEISURE**

Trips of  
a Lifetime

**PORTHOLE  
CRUISE MAGAZINE**

Best African Safari  
Tour Operator

  
**Tourism Cares™**

Legacy in Travel  
Philanthropy Award

**TRAVEL+  
LEISURE**

**Global Vision Award**

Development, Youth Education  
Micato One for One  
Commitment

**TRAVEL AGE  
WEST** *wave*  
EDITOR'S PICK

Best Tour Operator  
Africa / Middle East



**Virtuoso Winner**

Best Sustainable Leadership  
Best VAST (Active) Operator  
Best Escorted Tour Operator  
Best Destinations & Experiences  
Custom Tour Partner  
Family and Celebration Partner  
Virtuoso Performance Award

**1,000  
PLACES  
TO SEE  
BEFORE  
YOU DIE**

#1 New York Times Travel Guide  
Preferred East Africa

# JEWELS OF SOUTHERN AFRICA

South Africa's Cape Town & Cape Winelands · Phinda Private Game Reserve · Sabi Sand Game Reserve · Victoria Falls

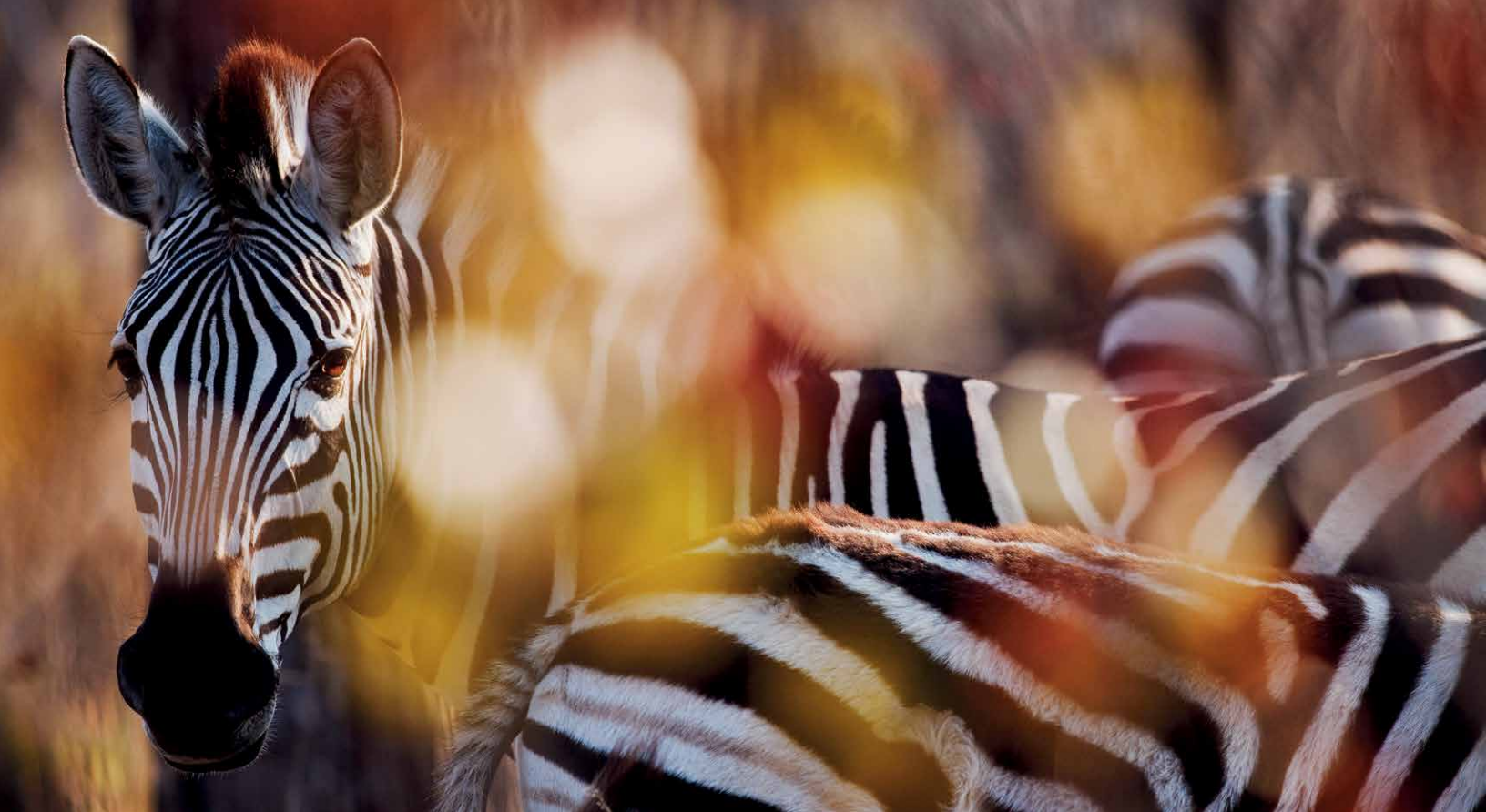
13 days door-to-door Includes days en route to/from Cape Town and Johannesburg

We honour many especially radiant gems on this wonderfully eventful, under-two-week safari: sparkly Cape Town and its Winelands, Phinda Private Game Reserve's marvelously varied ecosystems, the classically golden savannahs and lush forests of the private Sabi Sand Game Reserve, and gargantuan Victoria Falls. We begin with three nights in Cape Town's knockout One&Only, with festive excursions into the nearby Winelands. Then comes a splendid couple of days in Phinda's seven distinct and beautiful habitats, and on to artfully designed Tengile River Lodge, on a serene bend in the private Sabi Sand Game Reserve's Sand River, a private enclave next to Kruger National Park. We end with a thrilling watery roar at Victoria Falls and the famed Royal Livingstone, where mist from the nearby colossus Victoria Falls freshens our day.

*Haste, haste has no blessing.*

—Kiswahili proverb





DAY 1 *En route*

DAYS 2–4 *Cape Town and environs*

“The whole town,” Captain Cook wrote in 1771 about Cape Town, “may be considered as one great inn fitted up for the recreation of all comers and goers.” The great voyager may as well have been writing yesterday: Cape Town is one of the world’s jazziest, most fascinatingly multicultural and downright beautiful cities. Our base is the

incomparable *One&Only*, set on the bustling Victoria & Alfred Waterfront, looking up at Table Mountain (which we’ll ascend via the famed Aerial Tramway). We’ll drive down the grand and wild Cape Peninsula to the Cape of Good Hope, around which much of the world’s history once turned. And we’ll

motor into the Cape Winelands for wine-tasting, leisurely lunch-taking, and view-imbibing in one of the most salubrious spots in a region rich with human and natural splendour.\*

\* The Cape Floristic Region, which we’ll be amidst, is far and away the smallest of the world’s six recognized floristic kingdoms or phytochorions. It’s the only earthly abode of more than 6,000 vascular plant species. The long and short of it: the CFR is a guaranteed pulse-raising wonderland for nature lovers.

DAYS 5 & 6 *Phinda Private Game Reserve*

We fly northeast across South Africa’s gargantuan geographies to the private Phinda Reserve’s seven distinct habitats—woodlands, grasslands, wetlands, rolling hills, rivers, seasonal marshes and pans, and a hauntingly beautiful sand forest—Africa’s last sand forest—all home to a superb wildlife medley (which includes the Big Five and 436 bird species).

We’ll settle, depending on the season, into one of two outstanding camps: either the *Phinda Forest Lodge*, set in that marvelous forest, with “glass bubble” suites that bring us into cozy contact with the sweetly enveloping forest, or the *Phinda Mountain Lodge*, set on a hilltop with wrap-around views of the verdurous Lebombo foothills.



Each lodge features beguiling infinity pools, festive outdoor dining under South Africa's intense but friendly stars, birdsong and the twittering of bush babies, and deep tranquility as we rest up from our game driving forays into Phinda's remarkable microregions.

DAYS 7–9 *Sabi Sand Game Reserve*

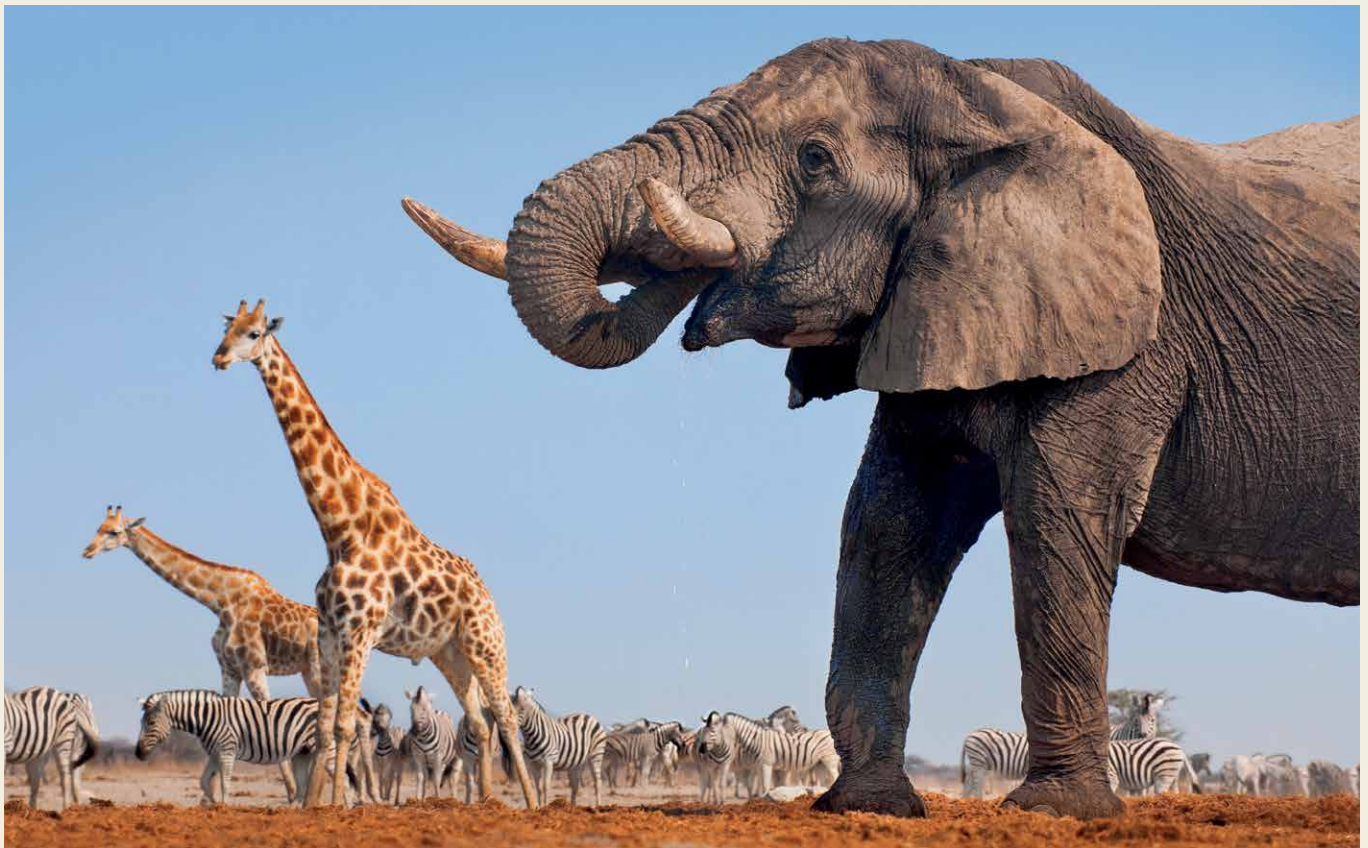
The very private, very beautiful Sabi Sand Game Reserve is one of our favourite African places. Adjacent to Kruger National Park, the 240-square mile Sabi Sand is home to all of Kruger's famously rich roster of animals—including, of course, the Big Five—who wander freely between Sabi Sand and the much more humanly thronged national park.

Our domicile in this surpassingly lovely corner of Africa is the conveniently modern (and solar-powered) *Tengile River Lodge*, set in a riverside forest, soothingly secluded (with only nine thoughtfully luxurious suites, each with a private plunge pool).



*For Micato, it's not about luxury (though there was that to spare), it's about authenticity. Our guides were not only magically knowledgeable about every possible thing you could want to discover about the wildlife that popped up at every turn, they were funny, human, and real.*

—Dr. Jean Marmoreo and Bob Ramsay



DAYS 10 & 11 **Victoria Falls**

“Poor Niagara,” Eleanor Roosevelt supposedly said upon viewing Brazil and Argentina’s Iguazu Falls. Had she gazed on Victoria Falls—the greatest curtain of water on earth, 60 tumultuous feet higher than its South American rival—the famously articulate First Lady might have been struck speechless. Victoria Falls is a waterfall like no other, and during our stay at the legendary **Royal Livingstone Hotel** we’ll get to know the Falls, helicoptering over them on the famed Flight of Angels, savouring early-morning, coffee-sipping views from our room’s veranda of the almost 1,000 feet of mist that rise from the watery cauldron to lazy afternoon sundowners near its dramatic precipice,

Your Safari Director will discuss with you a variety of individualized activity choices at every safari location.

contemplating what the greatest travel writer of all time, Richard Halliburton, called “a hurricane of bursting water . . . that seems to fall *up*, not down.”

DAYS 12 & 13 **Departure**

We fly from Livingstone to Johannesburg, and on to full-service, meals-included day rooms at the **Inter-Continental** before our Safari Director accompanies us to the adjacent airport for our homeward flights.

*Most memorable was the attention to detail, the personal service and thoughtful gifts from our hosts Felix and Jane Pinto. This is what wins awards as well as loyal clients. I can honestly say that this was the finest tour my husband and I have ever taken.*

—Hannah Reinmuth, Virtuoso Travel Consultant

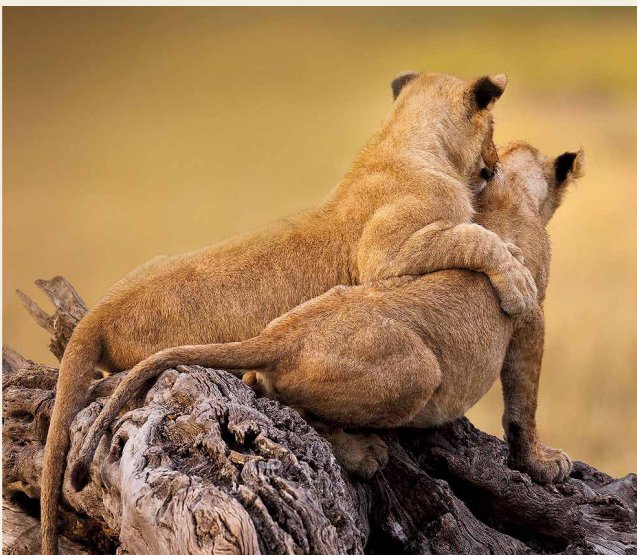




Tengile River Lodge

## Make Your Safari a Private Classic

Jewels of Southern Africa can easily be transformed into a fully Private Classic Safari, with your friends or family group's own Safari Director, private vehicles, with the freedom to set your own schedules, to enjoy private meals in the bush, and many etceteras. In short, while your Private Classic will follow the set itinerary of any of our Classic Safaris, it offers the exclusivity and flexibility of a Custom Safari, at a lower cost.



## Tariff 2025

Land arrangements, per person

	Jan-Mar	Balance of Year	December
Double Occupancy	\$31,950	\$33,950	\$35,950
Single Supplement	7,550	7,650	9,950
Internal Flights	2,750	3,150	3,150

(Cape Town / Nelspruit / Phinda / Skukuza / Nelspruit / Livingstone / Johannesburg)  
Connections may apply.

## 2025 Dates

Door-to-Door from Home | Departs Sunday, returns Friday

Every date is a guaranteed departure

Jan. 05 – Jan. 17	Apr. 27 – May 09	July 20 – Aug. 01	Oct. 26 – Nov. 07
Jan. 12 – Jan. 24	May 11 – May 23	July 27 – Aug. 08	Nov. 16 – Nov. 28
Jan. 26 – Feb. 07	May 18 – May 30	Aug. 10 – Aug. 22	Nov. 30 – Dec. 12
Feb. 09 – Feb. 21	May 25 – June 06	Aug. 17 – Aug. 29	Dec. 21 – Jan. 02
Feb. 23 – Mar. 07	June 01 – June 13	Aug. 31 – Sept. 12	Dec. 28 – Jan. 09
Mar. 09 – Mar. 21	June 15 – June 27	Sept. 14 – Sept. 26	
Mar. 23 – Apr. 04	June 29 – July 11	Sept. 28 – Oct. 10	
Apr. 13 – Apr. 25	July 13 – July 25	Oct. 12 – Oct. 24	

## 2026 Dates

Door-to-Door from Home | Departs Sunday, returns Friday

New rates and dates may apply

Jan. 04 – Jan. 16	Apr. 26 – May 08	July 19 – July 31	Oct. 25 – Nov. 06
Jan. 11 – Jan. 23	May 10 – May 22	July 26 – Aug. 07	Nov. 15 – Nov. 27
Jan. 25 – Feb. 06	May 17 – May 29	Aug. 09 – Aug. 21	Nov. 29 – Dec. 11
Feb. 08 – Feb. 20	May 24 – June 05	Aug. 16 – Aug. 28	Dec. 20 – Jan. 01
Feb. 22 – Mar. 06	May 31 – June 12	Aug. 30 – Sept. 11	Dec. 27 – Jan. 08
Mar. 08 – Mar. 20	June 14 – June 26	Sept. 13 – Sept. 25	
Mar. 22 – Apr. 03	June 28 – July 10	Sept. 27 – Oct. 09	
Apr. 12 – Apr. 24	July 12 – July 24	Oct. 11 – Oct. 23	

THE MICATO  
*One for One*  
COMMITMENT



FOR EVERY GUEST ON SAFARI  
WE SEND A CHILD TO SCHOOL



*Education is the most powerful weapon which you can use to change the world.*

—Nelson Mandela

**H**undreds of thousands of Kenyan children don't attend school because their families are too poor to pay even the most nominal school fees. In principle, primary education is free in Kenya, but myriad fees often put it beyond reach: parents are obliged to buy their child's desk; to pay for term exams, the wood for cooking fires, and a portion of the cooks' salaries. Then there are schoolbooks, uniforms, writing supplies, and notebooks.

All this adds up to many, many thousands of eager and worthy children staying at home.



## *The Micato One for One Commitment*

For almost 40 years, Micato-AmericaShare has been a passionate advocate for East African children and their families. Under the Micato One for One Commitment, simply by signing up for a Micato safari, every guest on every safari sends a child to school—year after year.

Thousands of Kenyan children are able to attend school thanks to our guests who join us in this commitment. Every child deserves an education, and we're overjoyed to be contributing to this unalienable right.

LEFT: A typically exuberant classroom, led by Peter Mithamo at a school near the Micato-AmericaShare Harambee Centre. Anastasia Pinto summed up the African ethos when she said, "African people will give away their last dollar or loaf of bread to someone who needs it more."

# Micato-AmericaShare

For almost 40 years, Micato's tribute to our birth continent has been our nonprofit, Micato-AmericaShare. In the next six pages we'll tell you what AmericaShare does, but first, here's why:

It all began with one little boy, going from person to person in a Nairobi shopping centre with a note from his school headmaster. The note said that he was an orphan and needed to raise 700 shillings for a school uniform before he could come to class. He had only collected 100 shillings. The boy approached Micato's Lorna Macleod. She read the note and handed him the 600 shillings—the equivalent of \$15. Tears running down his face, the boy stood there for a moment, said "God bless you," and dashed away.

At that moment Lorna realized that Micato was an ideal bridge between some of the poorest people on the planet, and some of the wealthiest, our travellers. So we gave that bridge a name: AmericaShare, and have been helping to change lives for the better ever since.

We're proud of our accolades and of the



life-sparking joy our safariers routinely experience, but as our Managing Director Dennis Pinto often says, "AmericaShare is the why of why we exist."

## Sponsorship

It's not unusual for inspired safari guests to decide on the spot (or back home for that matter) to sponsor a child to attend boarding school. This programme places a child in a carefully vetted boarding school, and provides every resource necessary for that child to graduate high school (and beyond, if the spirit is willing). Many lives, on both sides of the Atlantic, have been changed by this programme.

## The Harambee Centre

The heart of Micato-AmericaShare's Kenya operation is Harambee Centre, a multi-building oasis of calm and purpose in the midst of Mukuru, one of Nairobi's largest slums (where a staggering 60,000 or more children can't attend school). Harambee Centre—made possible by our dear friends



*I will never forget my first experience of visiting Harambee Centre! It surpassed my expectations; above all I felt very safe around that space despite the fact that everyone was a stranger when I got in but as I was leaving, I felt warm and I thought to myself this looks like a neat family that I would like to be part of.*

—Aisha Omar



Bernard Wharton and Jennifer Walsh and scores of caring safari-goers—serves Mukuru residents with a Community Centre; a beautiful, 25,000-volume library—with more than 57,000 yearly visitors—and a flourishing second library, both made possible by Suzie and Bruce Kovner through a grant by the Kovner Foundation; and a digitally up-to-the-minute Computer Centre.

## Harambee's Computer Centre

A big, bright room equipped with over 70 computers, visited more than 100,000 times since its inception, Micato-AmericaShare's Harambee Computer Centre—enabled by Dr. Derrick Rossi—offers Mukuru residents free computer access and digital skills training.

During a 12-week training programme, 120 students undergo a comprehensive curriculum designed to enhance their computer skills and proficiency in various Microsoft applications, with a module on CV (curriculum vitae) writing. As this is written, more than 300 students are on our waiting list for future classes, and we hope to increase the number of programmes we offer, as the need and demand is great, and the potential rewards for our students is huge.

## More Milestones

The dynamic, 25,000-volume Harambee Centre Library is the proud recipient of the Best Community Library Award by the 50-year old Kenya Association of Library and Information Professionals.

To its post-graduates, Micato-AmericaShare offers scholarships that cover the cost of acquiring trade skills or semi-professional certifications or professional degrees.

We partner with Volunteer Optometric Services to Humanity to bring eye clinics to the community. VOSH doctors examine and treat thousands of children and adults, and donate thousands of prescription eyeglasses.

Lacrosse, a game not played in Kenya, was introduced in Mukuru in June 2014 through an AmericaShare Project by teenager Ian Macleod with support from private donors, businesses, and the International Lacrosse Federation.

## Learn More

At our website, [AmericaShare.org](http://AmericaShare.org), or email us at [Inquiries@AmericaShare.org](mailto:Inquiries@AmericaShare.org).



# The Red Hill Library and Community Centre

Tucked away on the verdant seaward side of the glorious Old Cape Road, south of Cape Town, past the imposing Steenberg Mountains and lovely Simon's Town, on the way to the Cape of Good Hope, is the community of Red Hill, whose 1,500 makeshift households are blessed with wonderful views, bright community spirit, and not much in the way of community services.

"Micato-AmericaShare's educational outreach in East Africa inspired us to find a community in South Africa where we can have a lasting impact," says Lorna Macleod, AmericaShare's co-founder and executive director. "And at Red Hill, we knew we had found our place."

That place is AmericaShare's Red Hill Library

and Community Centre, a joyful place for a town with a single part-time clinic, 37 per cent unemployment, and no school for its more than 2,000 school-age kids, who have to take long bus rides to state schools in the vicinity.

## Red Hill's Present and Future

Our bright new, ever-growing library, led by a trained librarian and volunteers who help students with their homework, is a welcoming community meeting place, and our Literacy and Numeracy Programme, designed to equip Red Hill kids with

the skills they'll need as they enter the educational system, meets every day for two hours. The Centre's Computer Lab offers classes to community members of all ages, focussing on Google Classroom assignments, Typing.com, and Tynker coding. And the beautiful, ocean-view Umbono Wempunelelo—View to Success Deck—has become an integral part of Red Hill's commitment to meeting the needs of young, energetic minds. The deck's combination of fresh air and sunlight enhances learning experiences, promotes improved focus, creativity, and overall wellbeing.

## Most of Micato's...

...safariers to the Cape Peninsula will visit the Red Hill Library and Community Centre, and many of them will be inspired to help it bring more light to the community. They'll want to make donations like books, computers, or funds for a new building.

So: if you'd like to visit Red Hill, either before or after your Micato safari, or if you're just inspired by what you're seeing and reading on these pages, send an email to [Inquiries@AmericaShare.org](mailto:Inquiries@AmericaShare.org).



*This collaboration with Micato-AmericaShare has brought light to our community. Scholars are able to do their homework and research in the library, which provides a great environment for their education and homework clubs. The Forum is also benefitting from having a productive space in which to meet. This project has uplifted the entire community by making resources available to everybody.*

—Luyando Lombo, Red Hill Development Forum member





# Huru Means Freedom

African girls who can't afford sanitary pads very often avoid school during their periods, losing as much as an entire month each school year. The consequences are significant: girls who miss school or work fall behind, drop out or quit, perpetuating a grim cycle of poverty and gender inequality.

Micato is a major donor and proud supporter of Huru, founded in 2008 by AmericaShare's co-founder Lorna Macleod. Huru manufactures reusable sanitary pads—more than 2,300,000 to date—which have been distributed in free Huru Kits to more than 320,000 girls in Kenya, Tanzania, and Uganda.

Huru Kits have proven to be a simple, sustainable, and wonderfully practical way to alleviate this world-wide problem.

Each Huru Kit consists of a colourful drawstring backpack with six reusable pads; three pairs of underwear; detergent-grade soap for washing pads; two resealable waterproof bags for safe storage of used pads; and educational materials on HIV prevention and reproductive and sexual health.



*Since Huru pads came we are comfortable and we do not feel left out. We are able to attend classes without fear or shame. It brings so much joy to know there are people on earth living far away from you who can rescue you.*

—Charity, age 16

All Huru pads are locally produced by women and men from underserved communities, and are designed for the resilient girls and women who use them. Each pad lasts a minimum of 24 months, making them a cost-effective and environmentally friendly alternative to expensive disposables.

The crucial and heartening bottom line: Huru Kits have saved girls 24,000,000 school days (and counting) that otherwise would have been lost. Independent evaluation shows that girls who receive Huru Kits are three times less likely to miss school during their periods.

The United States Agency for International Development (USAID) recently entered a groundbreaking partnership with Huru to provide more than 22,000 women in 43 workspaces in Kenya's crucial garment and horticulture industries with

Huru Kits and educational sessions on menstrual health and sexual and reproductive health topics, and awareness campaigns for 13,600 supervisors to combat menstrual stigma.

## Learn More

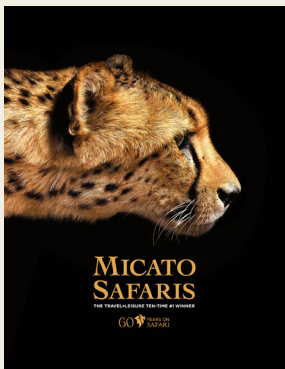
About Huru's important and effective work. And about its highly successful Skills Transfer Program, a targeted, practical programme that addresses East Africa's huge problem of youth unemployment, which disproportionately impacts girls; 65 per cent of the Skills Transfer Program's trainees have no income whatsoever. Huru's informative website is accessible 525,600 minutes a year at [HuruInternational.org](http://HuruInternational.org).

*We educate women because it is smart. We educate women because it changes the world.*

—Drew Gilpin Faust, first female president of Harvard University



Join us at home  
*in Africa*



You have me longing for more...

...please mail me your entire, beautiful brochure!

[CLICK HERE](#)